



CAMP KE~MON~OYA

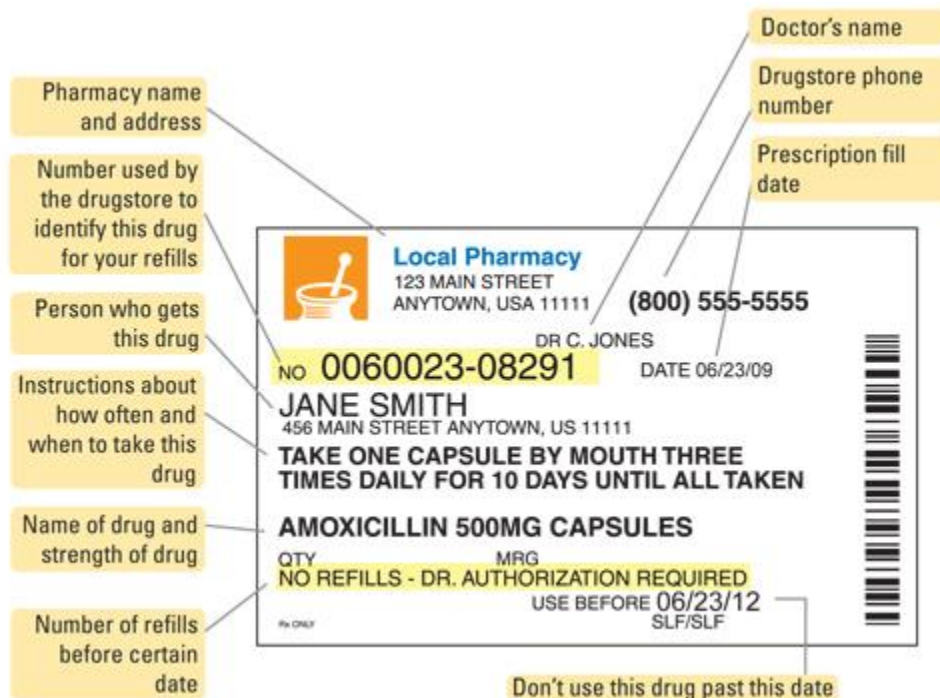
Apsley, ON K0L 1A0

Dear Parent/Guardian of a Camp Ke-Mon-Oya camper,

One of our goals at Camp Ke-Mon-Oya is to promote a healthy and safe environment for all staff and campers and to appropriately manage all new or pre-existing medical issues. Please read the following letter which explains our health policies regarding medications. **The attached form must be completed and returned prior to camp in order to reserve your camper's place.**

Firstly, medications allowed into camp must be prescribed by a Physician, in its original pharmacy packaging, with a prescription/pharmacy label. If the label is worn or unreadable, it must be replaced prior to camp.

Please see the graphic below for an example of a prescription label. In order for medications to be legally administered, this information **must** be present and legible on the original pharmacy packaging.



<https://www.womenshealth.gov/aging/drugs-alternative-medicine/how-to-read-drug-labels.html>

Secondly, please do not send non-prescription medication to camp. This includes, but is not limited to, homeopathic/herbal supplements, Chinese medicines, and home remedies. We do understand there are various reasons why a camper may need to take daily medication for which there is no current prescription (e.g. for seasonal allergies). In that case, **we require that non-prescription medications be accompanied by a Doctor's order.** These also must be in their original containers (bottles and blister packs must be in their original box with instructions) and all information on the



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container must match the order. We cannot administer any medication that is improperly labelled or has not been prescribed or approved by a Physician.

Thirdly, all medications, including any “extras” sent with the camper, will be stored in a locked cupboard at the camp Nurse’s Station. Medications will be delivered at mealtimes or at a time arranged at registration, and trained medical staff will be easily found at a central location known to staff and campers during all activities should anyone require assistance. While we understand that your camper may take medication responsibly at home, we ask that no medications are kept in cabins (with the exception of campers who usually carry emergency medication). This is to promote the safety of all campers and staff, to reduce the risk of misuse and medication errors, and to have accurate medication administration records in the event of a medical emergency and/or hospital visit.

PLEASE NOTE: It is the responsibility of the parent/guardian to ensure medications are labelled and information is up-to-date in accordance with the camp medication requirements stated in this letter. **If a medication cannot be accepted at registration (wrong prescription, medication is expired, etc.), it is the parent/guardian’s responsibility to ensure the correct medication gets to camp in time for the next administration.** Please double-check that the information you have provided on the medication form is complete and correct. If there are any changes, you must email the camp nurse with the new information **prior** to registration.

Camp Ke-Mon-Oya is located 6 km from the town of Apsley, which has a medical clinic, dental office, pharmacy, as well as emergency services. The town’s Physician has agreed to see campers on a walk-in basis when needed. For issues beyond the scope of a walk-in clinic, the Peterborough Regional Health Centre, a full-service hospital, is located 70 km away in Peterborough.

All parents/guardians must complete the attached health form in order to reserve your camper’s spot. This will ensure all appropriate information is organized and available for review before camp starts.

Please do not hesitate to contact me via email if you require assistance completing the health form or if you have any questions or concerns about our medical policies or procedures.

MANY thanks in advance for working together with camp staff and myself to make this summer safe, healthy and fun for all!

Sincerely,

ABrinkman RPN

Mrs. Andrea Brinkman (Camp name ‘Protocol’), Registered Practical Nurse
Camp Ke-Mon-Oya Camp Nurse



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Camp Ke-Mon-Oya Medication Intake and Health Form

Camper's Full Name: _____ Preferred Name: _____
Date of Birth: _____ Sex: _____ Week # Attending Camp: _____
Family Doctor: _____ Phone #: _____
Pharmacist: _____ Phone #: _____
OHIP # (or attach insurance information): _____ OHIP expiry date: _____

Allergies/Sensitivities (please be specific):

*****If your camper is bringing an Epi-Pen, please also complete attached Anaphylactic Emergency Plan*****

What is the camper allergic/sensitive to?	Please list specific signs and symptoms of a reaction:	What treatment is given or recommended by the Doctor?	Date of last reaction:

Nut Policy: Camp Ke-Mon-Oya cannot guarantee a nut-free environment. We aim to be NUT-SAFE by seeking to reduce the risk of exposure of campers to nuts that may trigger allergic reactions. Therefore, we do not use or serve peanuts, peanut products or tree nuts on camp property. Nuts, or products containing nuts, will not be available in our tuck shop. However, the foods we purchase and serve may contain traces of nut products. If you have any concerns, please contact the NTCS school office.



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Prescription Medications:

Please complete **all** fields.

Name of medication	Dosage	Time of day this medication is given:	Reason for taking this medication:	Special instructions:	Expiry date
<i>e.g. amoxicillin</i>	<i>500mg</i>	<i>3 times daily: 7am, 3pm, 11pm</i>	<i>Sinus infection</i>	<i>Take with food</i>	<i>Sept 2020</i>

Over-the-Counter Medications:

A variety of over-the-counter medications are available at camp. These include pain relievers, antibiotic ointments, allergy medications and those to relieve stomach upset. These may be administered if necessary at the camp nurse's discretion, when attempts to treat without medication have not been successful. Please indicate any special instructions (meds not allowed, phone call required before administration, etc. You may request a list of all over-the-counter medications by emailing the camp nurse).

Health Information and Privacy:

Health information is considered confidential. Health documents obtained or created during camp (medication administration records, incident reports, treatments or first aid given, etc.) will be stored securely. Health information submitted to camp will be used to diagnose, treat and/or maintain the camper's health, to prevent disease or injury, and to promote overall health and wellbeing. When necessary, information may be shared on a need-to-know basis with camp staff who have been trained to give medications, and other health care providers (walk-in clinic, EMS).



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Additional information:

Please indicate any health concerns or considerations not listed on this form:

Please read carefully and sign below:

- I have read, understood, and agree with the information stated in the attached camp health letter.
- The information I have provided in the health form is correct. I may be contacted by the Camp Nurse for clarification of orders or additional information before my child may attend camp.
- The health information I have provided is confidential and will not be shared with other campers under any circumstances. Medications are administered with utmost attempts to maintain this confidentiality. Health information may be shared with certain camp staff or health care providers on a need-to-know basis only.
- As a parent or guardian, I am responsible to ensure all medications coming to camp are registered on Monday morning, have legible and complete labels, and are accompanied by any required documentation. I understand that medications which fall outside the requirements will not be accepted into camp.
- I understand that I am responsible for any medical or health expenses incurred by my child while at camp.

Parent/Guardian name (please print): _____

Parent/Guardian signature: _____

Date: _____

Email address for nurse to contact prior to camp if necessary: _____